

THE ART OF LIVING FOUNDATION U.S. IMPACT

TEACH STRESS MANAGEMENT & RESILIENCY PROGRAMS

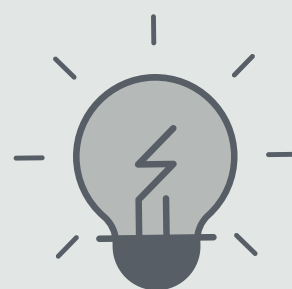


PHYSICIANS

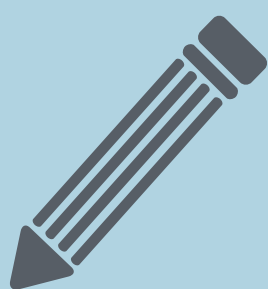
30000 physicians
through Healing
Breaths

SCHOOL STUDENTS

20,000 students in 225 schools
across 26 U.S. states



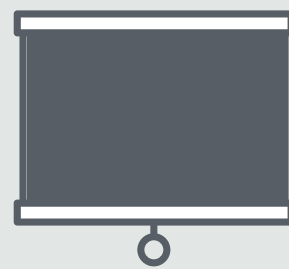
UNIVERSITY STUDENTS



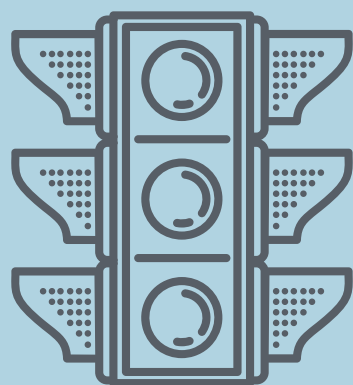
127,000 students in 101 university
campuses

PRISONS

Reduced recidivism in prisons for
80,000 inmates



CONGRESS & STAFF



Begun a resilience skills program

POLICE



Worked with inner city communities and police
departments to build mutual trust and create
harmonious societies